Human Herpesvirus 8 (HHV-8) and Blood Safety: Case Example of Unresolved Scientific Evidence

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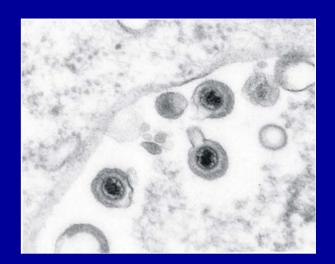
Centers for Disease Control and Prevention





Human Herpesvirus 8 (HHV-8)

- Discovered in 1994
- Enveloped DNA virus
- Closely related to Epstein-Barr virus
- Establishes latency and persists in the host
- Primarily cell-associated
- Seropositivity (presence of antibody) often does not imply presence of virus in the blood
- Variety of serologic assays, variety of estimates of seroprevalence in blood donors
- No FDA-approved serologic assay



Diseases Caused by HHV-8

- Kaposi's sarcoma (KS)
- Other diseases
 - Primary effusion lymphomas (PEL)
 - Multicentric Castleman's disease
- Estimated Annual Risk of Developing KS
 - 1 in 1,000,000 in healthy persons
 - 1 in 80 in organ transplant recipients
 - 1 in 50 in persons with HIV
 - 1 in 20 in persons seropositive for both HIV and HHV-8

Evidence that HHV-8 May Pose a Risk to the Blood Supply

- Infectious human herpesvirus 8 found repeatedly in a healthy North American blood donor.
- HHV-8 associated with:
 - having ever injected drugs
 - increasing frequency of injection drug use
 - cumulative years of injection drug use
 - hepatitis C virus (HCV) infection

HHV-8 Seroprevalence in Blood Donors

Lab	Seropositive KS controls (%) (n=40)	Seropositive REDS donors (%) (n=1000)
D	40 (100)	5 (0.5)
В	39 (100)*	17 (1.7)
A	40 (100)	24 (2.4)
C	40 (100)	27 (2.7)
F	40 (100)	37 (3.7)
E	40 (100)	51 (5.1)

^{*} Tested only 39 of 40 controls.

- Best estimate of seroprevalence: 3.5%
- 0/138 had HHV-8 DNA in PBMC, including 55 who tested seropositive in ≥1 laboratory.

Studies of Transfusion Transmission of HHV-8—Literature Highlights

- No HHV-8 seroconversion in
 - 14 recipients of blood from HIV/HHV-8 seropositive US donors.
 - 18 recipients of blood from HHV-8 seropositive donors in Jamaica.
- In Uganda, HHV-8 seropositivity in children correlated with the number of blood transfusions they received.

Studies of Transfusion Transmission of HHV-8—CDC Studies

- Uganda transfusion study (unpublished)
 - 1800 donors and 1800 recipients
 - Mean units transfused: 1.5
 - Primarily whole blood or packed cells
 - Those receiving HHV-8 seropositive blood were approximately twice as likely to seroconvert (3% vs. 1.5%)
- FACTS HHV-8 study (in press)
 - Specimens from pre- and post-transfusion cardiac surgery patients in the US, 1986-1989
 - 2/284 (0.7%) of HHV-8 seronegative patients seroconverted
 - 0.082% transfusion risk per transfused component

Discussion of FACTS HHV-8 Study

- We cannot definitively say whether infection was transfusion-acquired, but...
 - No seroconverters in the non-transfused group.
 - Community-acquired infection unlikely at that age.
 - Both seroconverters received many transfused units.
- 0.082% per transfused unit probably an upper bound on current transmission rates in the US.
 - More stringent donor requirements since 1988
 - Laboratory testing now done for more agents which share risk factors with HHV-8
 - Leukoreduction eliminates most white blood cells, the presumed reservoir for HHV-8 in blood.

Technical Challenges of HHV-8 Serologic Assay Development

- HHV-8 serologic assays are useful for epidemiologic studies.
- Diagnosis of individuals is more difficult.
- True seroprevalence in blood donors is low (~3.5%), so seroassays must be highly specific to avoid false positives.
- Among truly infected individuals at low risk for KS, weak seroreactivity is the rule, so seroassays must also be highly sensitive.

General Requirements for Resolving Scientific Evidence

- Continuing collaborative, multiagency efforts
- Determining that HHV-8 and blood safety is a priority

Specific Steps to Take

- Determine the precise risk of HHV-8 transmission via transfusion.
 - Linked donor-recipient repository from 1970s (TTVS)
 - Current linked donor-recipient repositories (e.g. RADAR)
- Study effect of leukoreduction on HHV-8 viral load
- Estimate burden of disease associated with transfusion-acquired HHV-8 infection.
- Should donor screening be indicated, assays must be developed to have these characteristics:
 - High sensitivity
 - High specificity
 - High-throughput capability



